



NYACK RIDGE
REHABILITATION & NURSING CENTER

476 Christian Herald Road
Valley Cottage, NY 10989

(845) 268-6861

Fax: (845) 268-2712

nyackridge.com



Reach our **Admissions Team** at:

(845) 268-6861 ext. 205

Only minutes away from the Tappan Zee Bridge and major highways, Nyack Ridge can be easily accessed from Manhattan and area hospitals.



We are a Medicare and Medicaid certified facility. We accept HMOs, private insurances including long term care insurance and private pay.



NYACK RIDGE
REHABILITATION & NURSING CENTER



**CLINICAL
EXCELLENCE**
ROOTED IN COMPASSION

The premier skilled
nursing and rehab facility
serving Rockland and
Westchester Counties.



PROUD PARTNERS OF:



Nyack Ridge is a treasure of the Valley Cottage community with a longstanding reputation for providing quality patient care.

With one of the leading medical teams in the region, we are proud to be part of the Montefiore Skilled Nursing Collaborative.



THE NYACK RIDGE DIFFERENCE:

Preparing Our Patients To Return Home

At the core of our center is our outstanding therapy department which is highly regarded for its consistent rate of success. Our rehabilitation gym is spacious and state-of-the-art, with sessions seven days per week.

- Physical, Occupational and Speech Therapy
- Orthopedic Rehabilitation
- Stroke Recovery
- Post Amputation Care
- Recreational Therapy



Our compassionate caregiving team led by our phenomenal Director of Nursing and full-time Nurse Practitioner is under the expert guidance of our Medical Director who rounds regularly. Their presence assures that our residents are treated promptly and minimizes the need for rehospitalization.



We do our utmost to ensure the comfort of our residents and their families from the moment they enter our doors.

Our airy suites offer a calm and cozy ambiance, and our amenities include fine dining, housekeeping, library and salon services. We have a full roster of activities planned to fill the essential need for social interaction and stimulation.

FOUR DECADES OF COMPASSIONATE CARE



Subacute Rehab



Long Term Care



Wound Care



Respite Care

GRATEFUL FAMILIES, HAPPY RESIDENTS.

The Staff at Nyack Ridge are friendly and caring. My mother is always well taken care of and always appears to be happy. Michael, the director, is doing a fantastic job.

- Debra Stoll

This facility fosters excellent group interaction among its members, from the social workers to the skilled nursing staff and the physicians. It is well maintained and welcoming. You will feel safe having your loved one cared for here.

- Jeff E.